



EXPLORING CULTURAL DIVERSITY AT EUROPEAN LEVEL

Introduction	Understanding diversity and acknowledging the fact that social including and understanding the particularities of each communities is a crucial educational aspect.
Objective / teachers' goal	Solving in pairs/teams some tasks related to life in an intercultural society
Relation to competence framework INTRODUCTION TO THE VITALITY COMPETENCE FRAMEWORK copy (vitalityforthefuture.eu)	
Dimensions (check the dimensions and related aspects below) <input type="checkbox"/> Bodily functions <input type="checkbox"/> Mental wellbeing <input type="checkbox"/> Meaningfulness <input type="checkbox"/> Quality of life <input checked="" type="checkbox"/> Participation <input type="checkbox"/> Daily functioning	
Materials	internet access, flipchart sheets or cardboard panels + markers, or computer and video projector / smart board
Approach	<ul style="list-style-type: none"> · The class is divided into six groups of equal size and with as much internal diversity as possible. · Each group chooses a European country, apart from own nation, to analyze from the perspective of cultural diversity. A balanced distribution will be ensured, with at least one country from North, South, East, West and Central Europe respectively. · Each group will search the Internet for information on the following aspects: <ul style="list-style-type: none"> o The total population of the country and the official languages o The main ethnic groups, their type (for example, regional groups, national minorities, groups resulting from migration in recent decades) the languages spoken by them, their location in the territory (if applicable), the estimated number of members and percentage of the population o The main religious groups o Other information relevant to cultural diversity in that country. · Each group prepares, based on the information obtained, either a presentation in electronic format or a poster. · The process of collecting data and developing the presentation can continue into the next class or can be completed by students in between classes.





	<ul style="list-style-type: none">· After all groups have completed their presentations, they are presented to the whole class and discussed.· After all six groups have presented, there will be a comparative analysis and reflection on the types of cultural diversity identified.· It will also be noted that, beyond the differences, manifestations of cultural diversity exist in all European countries. Moreover, apart from Poland and Portugal, where minorities represent less than 5% of the population, in all other European countries the percentage of minorities is around 10% or more.
Type of activity (workshop, assignment, quiz, debat, presentation, etc.)	Workshop
Duration	3 hours
Final goal (learning outcome)	Manifesting a positive attitude towards oneself and towards others, towards one's own cultural identity and towards the identity of those who belong to different cultures





Spiderweb Positive health

Dimension/Aspects							
Bodily functions	Feeling healthy	Fitness	Complaints and pain	Sleep	Food	Condition	Exercise
Mental well-being	Remember	Concentrate	Communicating	Being cheerful	Accepting yourself	Dealing with change	Sense of control
Quality of life	Enjoy	Being happy	Balance	Feeling safe	How you live	Get by with your money	Feeling comfortable with yourself
Social participation	Social contact	Be taken seriously	Doing fun things together	Belonging	Doing meaningful things together	Support from others	Interest in society
Daily functioning	Taking care of yourself	Knowing your limits	Knowledge of health	Dealing with time	Dealing with money	Being able to work	Being able to ask for help
Meaning	Meaningful life	Zest of life	Wanting to achieve deals	Have confidence	Accept	Gratitude	Keep learning

